

Strategic Global Application of Core Competencies in Audiology

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#### **Core Competencies**

- Common definition across all healthcare services:
  - The ability to perform a skill or skills to a specific standard on competency
  - Apply the appropriate knowledge and attitudes to achieve optimal job performance
  - A continuous approach to learning includes pre-service education, in-service training, and continuing professional education.



## Core Competencies in Hearing Healthcare Delivery

- Goal: Maximize hearing impaired individual's hearing and communication abilities
- Required skills based on Standards of Practice\*
  - Audiologists should be capable of
    - Providing systematic and comprehensive assessment of an individual's hearing and communication difficulties
    - Evaluating an individual's hearing loss and treatment needs
    - Providing appropriate treatment/management directions to include
      - Appropriate referral based on findings
      - Auditory rehabilitation, and counseling
      - Minimizing the psychosocial and quality-of-life consequences of permanent hearing loss.



#### **Classification of Hearing Care Services**





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https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4007124/

\*https://www.ncbi.nlm.nih.gov/pubmed/24754459

#### **Hearing Care Services**





Comprehensive Assessment of Hearing and Communication

#### Pragmatic model based on competencies

- Case history
- Screening
- Evaluation
- Treatment and management
- Appropriate referral



#### **Case History**

Audiologist /Practitioner Led	Patient-Centered
<ul> <li>Traditional medical model</li> <li>Professional assumes the 'expert' role</li> <li>Focuses on symptoms and problems</li> <li>Less focus on patient's communication needs</li> </ul>	<ul> <li>Common ground from which patient/client and practitioner can work together</li> <li>Two experts-</li> <li>Patient is expert on his/her communication needs</li> <li>Audiologist is expert in the science and treatment of hearing loss</li> </ul>
	NOTE: Three-fold increase in client

https://idainstitute.com/tools/self\_development/get\_started/patient\_journey/

observed

satisfaction and compliance was



## Path to (near) Perfect Screening Program

- Ultimate Goal: All participants yield a correct and reliable result in the first test.
  - All of the people who have a positive test result really have the disorder (a "true positive" result).
  - There are no positive test results in people who do not have the disorder (no "false positive" results).
  - All of the people who have a negative test result do not have the disorder (a "true negative" result)
  - People who have the disorder do not have a negative test result (no "false negative" results).

Reference: https://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0072602/



#### **Screening For Auditory Disorders**

Select the most sensitive screening test for the target disorder



#### Tympanometry for Middle Ear Disorders





### **Screening For Middle Ear Disorder**

- All of the people who have a positive test result have ME disorder (this is called a "true positive" result). OAEs and tympanometry generally meet this criterion.
- There are no positive test results in people who do not have a ME disorder (no "false positive" results) Tympanometry generally meets this criterion.
- All of the people who have a negative test result do not have a ME disorder (they would have a "true negative" result) OAEs and tympanometry generally meet this criterion.
- People who have a ME disorder would not have a negative test result (there would not be any "false negative" results). OAEs and tympanometry generally meet this criterion.



# Incorporating -Jugaad

## Oxford English Dictionary definition of Jugaad:

*Hindi Word: A flexible approach to problem-solving that uses limited resources in an innovative way.* 







Finding new uses for everyday objects



#### How Can We Do More With Less?

- Identify constraints Sound booth and/or professional experts
- Develop variations without reducing accuracy, e.g., Objective auditory assessments
- Utilize tools currently available
  - Case history screening: Does not need a sound booth
  - Otoscopy: Does not need a sound booth
  - Automated audiometry: Does not need a sound booth
  - Tympanometry: Does not need a sound booth
  - OAE recording: Does not need a sound booth
  - Field professional, Nurses, Medical assistants, Hearing care technicians can be trained to perform these tests



## **Hearing Evaluation**

- Objective of the evaluation
  - Detect auditory dysfunction
  - Identify degree, configuration and type of hearing loss
  - Assess impact on communication
- Traditional "Gold Standards"
  - Pure tone air & bone conduction audiometry: Limitations
    - Sound treated booth
    - Expensive equipment
    - Calibration uncertainty
    - Insensitivity to auditory dysfunction
    - Poor relation to communication impairment
  - Speech audiometry in quiet
  - Aural immittance measures



## Pure Tone Audiometry ... Not a Gold Standard

- Accurate calibration is crucial
- Measurement uncertainty from earphones placement
- Ear canal differences in the patients
- Inadequate sample of hearing thresholds, 8 frequencies/19,980 frequencies = 0.000000025%)
- Insensitive to cochlear dysfunction
- Affected by multiple listening variables, e.g.,
  - Young age
  - Cognitive status (e.g., attention, memory, processing speed)
  - Motivation
  - Language
- Too simple: not a test of "hearing" or listening ability
- Poor relationship with hearing handicap and communication



## **Alternative Options**

- Prediction of hearing loss without an audiogram
  - Can you potentially predict the degree of loss hearing loss from a self-test questionnaire?
- Automated smart phone based applications
- Self-test questionnaires
  - Starting point
  - To provide a rapid understanding of the person's hearing status.



#### **Internet-Based Technologies**

- Current revolution in health-care delivery has contributed to advances in hearing-care delivery
- 87% of global population have access to mobile telephones
- Consumers will have direct access to potentially
  - Self-screen and identify
  - Self-diagnose
  - Self fit hearing aids
  - Access rehabilitation services



### Predicting Hearing Levels Without an Audiogram

#### Garrison & Bochner of NTID

- Developed computer application to predict audiogram using speech based material
- Simple 5 minute self-administered screening sentences via laptop computer or mobile devices
- Testing uses adaptive strategies and each of the stimulus sentence is contingent upon earlier response
- Researchers combined the scores with age
- Derived pseudo audiogram using statistical methods
- Comparisons with conventional audiogram found 94% agreement



### **Pure Tone Threshold Estimation?**

Masalski et al



- Compared conventional pure tone thresholds with calibrated mobile device
- Result:
  - Demonstrated high compatibility with pure-tone audiometry
  - Potential application in hearing monitoring
  - Screening tests
  - Epidemiological examinations on a large scale.



#### **Modern Technologies: General**



- Inevitable consequence of information technology
- Computers, cell phones & internet have facilitated advances in technology based services and products
  - Mobile-based hearing screening/measurement options
  - Smartphone app technologies for calibration and hearing aid fittings
  - Offline and internetbased platforms for auditory training and rehabilitation



## Modern Technologies: Automation in Diagnostic Audiology



#### Automated audiometry

- Pure tone audiometry: Air conduction
- Pure tone audiometry: Bone conduction
- Speech audiometry
- Automated analysis in objective audiometry
  - OAEs
  - Tympanometry (gradient)
  - Acoustic reflex detection
  - Auditory brainstem response
  - Auditory steady state response
  - Cortical auditory evoked response



#### Facts to Findings:

Mark Twain: Get your facts first, and then you can distort them as much as you please.

- Does your assessment identify if the individual has a hearing loss as result of a disease process that requires medical care?
  - If so, do you have the appropriate network to refer the individual for medical care?
- Can you confidently estimate the magnitude of hearing loss?
  - Is the magnitude of function consistent with that observed during case history intake?
- If there is a disconnect between the magnitude of the hearing loss and the hearing concerns of the individual?
  - If so are you equipped to deal with this type of problem?



### **Facts to Findings**

If the diagnosis is consistent with presenting case history ...

- Are you equipped to provide hearing assistance technologies and rehabilitation?
- If the diagnosis requires cochlear implants, are you part of a team within which you can make an appropriate referral or do you have the professional network to make the referral?
- If the type and degree of loss is not familiar to you ...
  - Do you have a network of professionals (e.g., audiologists, otolaryngologists, neurologists) who may be able to assist you with managing the individual?



## **Cautions!**

- Do the tests have the potential to misdiagnose?
- Do the professionals possess educational competencies based on Standards of Care?
- Do the professionals understand the limitations of technology?
- Is the approach ...
  - Cost-effective
  - Financially sustainable
  - Safe
  - Evidence based

Is the ultimate goal best possible patient care?



# Let's Find the Right Match!





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